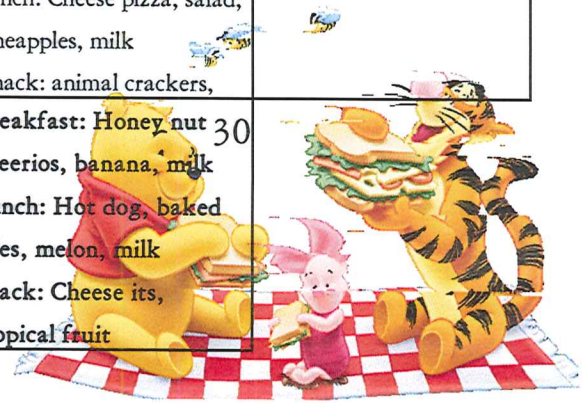
September 2016

Sun	Mon	Tue	Wed	Thu	Fri	Sat
				1 Breakfast: Pancake, peaches, milk Lunch: Spaghetti, carrots, apples, milk Snack: chees its, grapes	2 Breakfast: French toast, applesauce, milk Lunch: Fish sticks, corn, tropical fruit, roll, milk Snack: animal crackers, pineapple	3
4	5 **No School Labor Day!**	6 Breakfast: Pancake, berries, milk Lunch: Turkey and cheese sandwick, tater tots, tropical fruit, milk Snack: Crakers and apple	7 Breakfast: Sausage Biscuit, melon, milk Lunch: Chicken Nuggets, green beans, grapes, roll, milk Snack: granola bar, milk	8 Breakfast: Scramble eggs, toast, apples, milk Lunch: Spaghetti, broccoli, oranges, milk Snack: animal crackers, fruit cocktail	9 Breakfast: Bagel with jelly, pineapple, milk Lunch: Cheese pizza, salad, pears, milk Snack: chocolate chip cookies, milk	10
11	12 Breakfast: French toast, berries, milk Lunch: Grilled chicken and cheese rollup, baked fries, mixed vegetables, milk Snack: Chips and salsa,	13 Breakfast: Turkey bacon, biscuit, melon, milk Lunch: Hot dog, baked beans, tator tots, milk Snack: animal crackers, apple slices	14 Breakfast: Cinnamon toast crunch, banana, milk Lunch: Chicken Nuggets, broccoli, yellow rice, peaches milk Snack: fig newtons, milk	15 Breakfast: Pancake, oranges, milk Lunch: Fish sticks, corn, grapes, break, milk Snack: Yogurt, berries	16 Breakfast: Oatmeal, apple slices, milk Lunch: Mac and cheese, ham, green beans, tropical fruit, milk Snack: cheese crackers,	17
18	19 Breakfast: Waffles, oranges, milk Lunch: Chicken Nuggets, black beans, yellow rice, apples, milk Snack: graham crackers,	20 Breakfast: Pancake, peaches, milk Lunch: Spaghetti, green beans, grapes,milk Snack: Chocolate chip cookies, milk	21 Breakfast: Sausage Biscuit, melon, milk Lunch: Corn dog, broccoli, mac and cheese, milk Snack: crackers	22 Breakfast: Honey Nut, banana, milk Lunch: Fish Sticks, mixed vegetables, fruit cocktail, bread, milk Snack: Yogurt, peaches	23 Breakfast: French toast, turkey bacon, applesauce, milk Lunch: Cheese pizza, salad, pineapples, milk Snack: animal crackers,	24
25	26 Breakfast:Pancake,peaches, milk Lunch: Chicken nuggets, broccoli, frut cocktail, bread, milk Snack: Chocolate chip	27 Breakfast: Cinnamon toast crunch, melon, milk Lunch: Spaghetti, green beans, pineapple, roll, milk Snack: Yogurt, berries	28 Breakfast: Waffles, applesause, milk Lunch: Fish sticks, mixed vegetables, oranges, wheat bread, milk Snack: graham crackers,	29 Breakfast: Sausage biscuit, oranges, milk Lunch: Ham & Cheese sandwich, tater tots, carrots, milk Snack: animal crackers,	30 **Breakfast: Honey nut cheerios, banana, milk Lunch: Hot dog, baked fries, melon, milk Snack: Cheese its, tropical fruit**